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# Sample Complexity in Learning Distributions

#### Setting:

Given an unknown distribution D defined over a finite domain [n]. We can obtain a collection of independent and identically distributed (i.i.d.) samples  $X_1, X_2, \ldots, X_m$  drawn from D.

- One goal is to **learn** an approximate distribution of D, so that the total variation distance  $(d_{TV})$  from D is within  $\epsilon$ .
- Another potential task is to perform **property testing** on the distribution *D*, such as testing whether *D* satisfies certain properties.
- We can also estimate parameters, functionals, or statistics of D.

#### Sample Complexity for Learning D:

We can approximately learn D within total variation distance  $\epsilon$  using  $m = \Theta\left(\frac{n+\log\frac{1}{\delta}}{\epsilon^2}\right)$  samples, with probability at least  $1-\delta$ .

$$m = \Theta\left(\frac{n + \log \frac{1}{\bar{\delta}}}{\epsilon^2}\right)$$

Here, the sample size m grows linearly with the domain size n and includes an **additive**  $\log \frac{1}{\lambda}$  term, rather than a multiplicative term.

**Note**: This is similar to the sample size calculation that appears in the Johnson-Lindenstrauss Lemma.

## Upper Bound on Sample Complexity

Algorithm 10.1 Empirical Distribution Estimation

**Input:** i.i.d. samples  $X_1, X_2, \ldots, X_m$  from distribution D **Sample size:**  $m = \Theta\left(\frac{n + \log \frac{1}{\delta}}{\epsilon^2}\right)$ Construct the empirical distribution  $\hat{D}$  where each probability  $\hat{D}_i$  is defined as:

$$\hat{D}_i = \frac{\#\{X_j = i\}}{m}$$

**Output:** An estimate  $\hat{D}$  of the true distribution D

**Theorem 10.2.** Algorithm 10.1, given input  $m = O\left(\frac{n+\log \frac{1}{\delta}}{\epsilon^2}\right)$  samples, returns an estimated distribution  $\hat{D}$  such that the total variation distance between  $\hat{D}$  and D satisfies

$$d_{TV}(\hat{D}, D) \le \epsilon$$

with probability at least  $1 - \delta$ .

**Note:** The  $O\left(\frac{n+\log\frac{1}{\delta}}{\epsilon^2}\right)$  sample complexity is linear in n, with an additive  $\log\frac{1}{\delta}$  term. The sample complexity expression can also be interpreted as:  $\Theta\left(\frac{1}{\epsilon^2}\log\frac{1}{\frac{1}{2^n}}\right)$ , where  $\log\frac{2^n}{\delta} = \log 2^n + \log\frac{1}{\delta}$ .

*Proof.* Observe that  $d_{TV}(\hat{D}, D) \ge \epsilon$  if and only if there exists some subset  $S \subseteq [n]$  such that  $\hat{D}(S) - D(S) \ge \epsilon$ .

We want to show that, with probability at least  $1 - \delta$ ,

$$\forall S \subseteq [n], \quad \hat{D}(S) - D(S) < \epsilon.$$

We will apply a union bound over all  $S \subseteq [n]$ .

• Fix a subset  $S \subseteq [n]$ :

$$\hat{D}(S) = \frac{1}{m} \sum_{j} \mathbb{1}\{X_j \in S\}.$$

Then, the probability that  $\hat{D}(S) - D(S) \ge \epsilon$  is

$$\mathbb{P}\left(\hat{D}(S) - D(S) \ge \epsilon\right) = \mathbb{P}\left(\frac{1}{m}\sum_{j}\mathbf{1}\{X_j \in S\} - \mathbb{E}[\hat{D}(S)] \ge \epsilon\right)$$

By Hoeffding's inequality, this is bounded by

$$\leq e^{-\Theta(m\epsilon^2)}.$$

• Determining the Sample Size: we choose

$$m = \Theta\left(\frac{1}{\epsilon^2}\log\frac{1}{\delta/2^n}\right).$$

• Applying the Union Bound: By the union bound, we have

$$\mathbb{P}\left(d_{TV}(\hat{D}, D) \ge \epsilon\right) = \mathbb{P}\left(\exists S \subseteq [n] : \hat{D}(S) - D(S) \ge \epsilon\right) \le 2^n \cdot \frac{\delta}{2^n} = \delta.$$

Note: The additive  $\log \frac{1}{\delta}$  term (as opposed to multiplicative) is due to the use of a union bound over many events, similar to the approach in Johnson-Lindenstrauss Lemma.

#### Lower Bound on Sample Complexity

We want to show that  $\Omega\left(\frac{n+\log\frac{1}{\delta}}{\epsilon^2}\right)$  samples are necessary for learning the distribution within total variation distance  $\epsilon$ .

\*\*Approach\*\* To prove this lower bound, we split it into two parts: 1. Show that  $\Omega\left(\frac{n}{\epsilon^2}\right)$ samples are necessary. 2. Show that  $\Omega\left(\frac{\log \frac{1}{\delta}}{\epsilon^2}\right)$  samples are necessary. These two bounds together imply a lower bound of

$$\Omega\left(\max\left(\frac{n}{\epsilon^2}, \frac{\log\frac{1}{\delta}}{\epsilon^2}\right)\right) \ge \Omega\left(\frac{n+\log\frac{1}{\delta}}{\epsilon^2}\right).$$

*Proof.* 1. For the Term  $\Omega\left(\frac{\log \frac{1}{\delta}}{\epsilon^2}\right)$ : - Consider the problem of distinguishing between two Bernoulli distributions: Bernoulli  $(\frac{1}{2} - \epsilon)$  and Bernoulli  $(\frac{1}{2} + \epsilon)$ . - By Theorem 9.9, we have:

$$d_H^2(Ber(\frac{1}{2}\pm\epsilon)) = \Theta(\epsilon^2).$$

- This means that  $\Omega\left(\frac{\log \frac{1}{\delta}}{\epsilon^2}\right)$  samples are required to distinguish these two distributions with probability at least  $1 - \delta$ .

2. For the Term  $\Omega\left(\frac{n}{\epsilon^2}\right)$ : - we show that to learn the distribution over a domain of size *n* requires at least  $\Omega\left(\frac{n}{\epsilon^2}\right)$  samples.

Combining these results, we conclude that

$$\Omega\left(\frac{n+\log\frac{1}{\delta}}{\epsilon^2}\right)$$

samples are necessary for learning the distribution within total variation distance  $\epsilon$  with high probability.

## Strategy for Lower Bound on Sample Complexity

To establish a lower bound of  $\Omega\left(\frac{n}{\epsilon^2}\right)$  for sample complexity, we consider the following class of distributions.

1. Define the probabilities:

$$p_{2i} = \frac{1 - 100\epsilon z_i}{n}, \quad p_{2i+1} = \frac{1 + 100\epsilon z_i}{n}, \quad z_i \in \{\pm 1\}.$$

Each distribution  $P_{\underline{Z}}$  is identified by an  $\frac{n}{2}$ -length vector  $Z \in \{\pm 1\}^{\frac{n}{2}}$ .

2. Intuition: To learn the distribution  $P_Z$  to within  $\epsilon$  in total variation distance, one must learn at least 99% of the  $z_i$ 's. If even a small fraction (e.g., 1%) is incorrect, it contributes significantly to the total variation distance.

## Informal Analysis

Consider a fixed "bucket"  $B_i = \{Y_{2i}, Y_{2i+1}\}$ . Conditioning on  $B_i$  learning  $z_i$  is equivalent to distinguishing between two cases:

Ber
$$\left(\frac{1-100\epsilon}{2}\right)$$
 vs. Ber $\left(\frac{1+100\epsilon}{2}\right)$ .

To distinguish between these two Bernoulli distributions with high probability, we need  $\Omega\left(\frac{1}{\epsilon^2}\right)$  samples.

However, a sample falls in  $B_i$  with probability  $\frac{2}{n}$ , so overall we need  $\Omega\left(\frac{n}{\epsilon^2}\right)$  samples to learn the distribution.

#### Formal analysis

**Lemma 10.3.** Learning a distribution in the above class with probability at least  $\frac{2}{3}$  requires  $\Omega(\frac{n}{c^2})$  samples.

*Proof.* Consider an arbitrary algorithm A outputting  $P_{\mathbf{w}}$  or just  $\mathbf{w}$ , where  $\mathbf{w}$  is a vector of length  $\frac{n}{2}$  in the form of  $\mathbf{z}$  defined above.

Claim: Without loss of generality, A depends only on histogram

$$Y_i = \sum_j \mathbb{1}\{x_j = i\}$$

Proof of claim: consider an algorithm A' that takes the histogram, generates a random ordering of samples based on the histogram, and feed it into A. A's input has exactly the same distribution as  $D^{\otimes m}$ .

Consider drawing  $\mathbf{z}$  uniformly at random, i.e. each  $z_i$  is drawn iid from Ber  $(\frac{1}{2})$ . We want to analyze the number of wrong coordinates in  $\mathbf{w} = A(Y_1, \ldots, Y_n)$ , that is,  $\sum_{\text{bucket } i} \mathbb{1}\{w_i \neq z_i\}$ .

Note:  $z_i$  is random,  $\{x_i\}$  are random even conditioning on  $\mathbf{z}$ , and  $\mathbf{w}$  might be random even conditioned on  $(x_1, \ldots, x_m)$ .

We want to prove that

$$\mathbb{P}\left(\sum \mathbb{1}\{w_i \neq z_i\} > 0.01 \cdot \frac{n}{2}\right) > \frac{1}{3}$$
$$\iff \mathbb{P}\left(\# \text{ correct coordinates } > 0.99 \cdot \frac{n}{2}\right) < \frac{2}{3}$$

Note that the sum  $\sum \mathbb{1}\{w_i \neq z_i\}$  is not a sum of independent terms, so we can't use any of the exponential tail bounds that we've seen before. The reason why it is not a sum of independent terms is that:

- $w_i$  might depend on samples from buckets other than the *i*th bucket.
- The buckets themselves are correlated. In particular, any two distinct buckets  $i \neq j$  are not independent. This is because the total samples need to sum up to m. (next week we will see a trick called Poissonisation that resolves this issue)

Goal: show that the expected number of correct coordinates  $\approx \frac{1}{2} \cdot \frac{n}{2}$  for  $m = \frac{1}{100} \cdot \frac{n}{\epsilon^2}$  (which means the number of incorrect coordinates will also be roughly a half). Then by Markov's we will be able to show that

$$\mathbb{P}\left(\# \text{ correct coordinates} > 0.99 \cdot \frac{n}{2}\right) \le \frac{\frac{1}{2}}{0.99} \le \frac{2}{3}$$

We compute

$$\mathbb{E}\left[\sum_{i} \mathbb{1}\{w_i \neq z_i\}\right] = \sum_{i} \mathbb{E}\left[\mathbb{E}\left[\mathbb{1}\{w_i \neq z_i\} \mid B_1, B_2, \dots, B_{\frac{n}{2}}\right]\right]$$

where  $B_i$  = the number of samples in bucket  $i = Y_{2i} + Y_{2i+1}$ .

#### Claim 10.4.

$$\mathbb{E}\left[\mathbb{1}\left\{w_{i}\neq z_{i}\right\}\mid B_{1}, B_{2}, \dots, B_{\frac{n}{2}}\right]\geq \frac{1}{2}-O(\epsilon)\cdot\sqrt{B_{i}}$$

Assuming Claim 10.4, then we can compute the lower bound proof:

$$\mathbb{E}\left[\sum_{i} \mathbbm{1}\{w_{i} \neq z_{i}\}\right] \geq \sum_{i} \frac{1}{2} - O(\epsilon) \cdot \mathbb{E}\sqrt{B_{i}}$$
$$= \frac{n}{4} - O(\epsilon) \cdot \sum_{i} \mathbb{E}\sqrt{B_{i}}$$
$$\geq \frac{n}{4} - O(\epsilon) \cdot \sum_{i} \sqrt{\mathbb{E}B_{i}} \qquad \text{by Jensen's}$$
$$= \frac{n}{4} - O(\epsilon) \cdot \sum_{i} \sqrt{\frac{2m}{n}}$$
$$= n\left(\frac{1}{4} - O(\epsilon) \cdot \sqrt{\frac{2m}{n}}\right)$$

If  $m = \frac{n}{O(\epsilon^2)}$ , then last line  $\approx \frac{n}{4} = \frac{1}{2} \cdot \frac{n}{2}$ , then we are done, by applying Markov's, as stated earlier.

So what remains is to show that **Claim 10.4** is correct.

Proof of Claim 10.4:

Rewrite

$$\mathbb{E}\left[\mathbb{1}\left\{w_{i}\neq z_{i}\right\}\mid B_{1}, B_{2}, \dots, B_{\frac{n}{2}}\right]$$

further as

$$\mathbb{E}\left[\mathbb{E}\left[\mathbbm{1}\{w_i\neq z_i\}\mid B_1, B_2, \dots, B_{\frac{n}{2}}, Z_{-i}, \text{samples outside bucket } i\right]\right]$$

where  $\mathbf{z}_{-i}$  means all  $z_j$  with  $j \neq i$ , and the outer expectation is over  $\mathbf{z}_{-i}$ , samples outside bucket *i*, conditioned on  $B_1, \ldots, B_{\frac{n}{2}}$ .

Fix  $\mathbf{z}_{-i}$ , samples outside bucket *i*, and  $B_i$ , then algorithm A just takes  $B_i$  samples in bucket

*i* and outputs the vector **w** (we only care about  $w_i$ , and in particular we want a lower bound for  $\mathbb{P}(w_i \neq z_i)$ ). In other words, A takes  $B_i$  samples from Ber $(\frac{1-100\epsilon z_i}{2})$  and outputs  $w_i$ , hoping that  $w_i = z_i$ . This is similar to distinguishing between coin flips of two distributions, except that this time  $z_i$  is uniformly drawn, instead of adversarially picked.

Thus, it suffices to prove the following claim:

**Claim 10.5.** Pick  $q = \frac{1 \pm 100\epsilon}{2}$  uniformly (denoted as  $q_+, q_-$ , respectively). Take *m* samples *iid.* from Ber(q) (*m* corresponds to  $B_i$  in previous parts). Then for any algorithm A',

$$\mathbb{P}\left(A'(samples) \neq q\right) \geq \frac{1}{2} - O(\epsilon) \cdot \sqrt{m}$$

Proof of Claim 10.5: By Theorem 11.1, we know

$$\mathbb{P}\left(A'=q_+ \mid q=q_+\right) - \mathbb{P}\left(A'=q_+ \mid q=q_-\right) \le d_{\mathrm{TV}}\left(\mathrm{Ber}(q_+)^{\otimes m}, \mathrm{Ber}(q_-)^{\otimes m}\right)$$

L.H.S. =

$$1 - \mathbb{P}(A' = q_{-} | q = q_{+}) - \mathbb{P}(A' = q_{+} | q = q_{-})$$

R.H.S.  $\leq$  (by Fact 11.7)

$$\sqrt{m} \cdot d_{\mathrm{H}} \left( \mathrm{Ber}(q_{+}), \mathrm{Ber}(q_{-}) \right) = \sqrt{m} \cdot O(\epsilon)$$

Now we have

$$\frac{1}{2} \left( 1 - \sqrt{m} \cdot O(\epsilon) \right) \leq \frac{1}{2} \left( \mathbb{P} \left( A' = q_{-} \mid q = q_{+} \right) + \mathbb{P} \left( A' = q_{+} \mid q = q_{-} \right) \right)$$
$$= \mathbb{P} \left( A' \neq q \mid q = \operatorname{Unif} \{ q_{\pm} \} \right)$$

which is exactly what we are trying to show.

**Theorem 10.6.** Any algorithm learning discrete distributions over [n] to within total variation distance error  $\epsilon$  with probability at least  $1 - \delta$  requires  $\Omega\left(\frac{n + \log \frac{1}{\delta}}{\epsilon^2}\right)$  samples.

*Proof.* Apply Lemma 10.3 and the lower bound  $\Omega\left(\frac{\log \frac{1}{\delta}}{\epsilon^2}\right)$  which we proved earlier.

# **DKW** Inequality

We will end with stating the DKW Inequality, which concerns learning a distribution in *Kolmogorov distance*.

**Definition 10.7** (Kolmogorov Distance).  $\ell_{\infty}$  distance between the CDFs

$$d_{\mathrm{K}}(\mathbf{p}, \mathbf{q}) = \sup_{x} |\mathbf{p}(-\infty, x] - \mathbf{q}(-\infty, x]|$$

**Theorem 10.8** (DKW Inequality). Given any distribution  $\mathbf{p}$  on  $\mathbb{R}$  (not necessarily discrete), consider

 $\mathbf{\hat{p}_m} = m$ -sample empirical CDF

Then

 $\mathbb{P}\left(d_{\mathrm{K}}\left(\mathbf{\hat{p}}_{\mathbf{m}},\mathbf{p}\right)>\epsilon\right)\leq 2e^{-2me^{2}}$ 

So to learn  $\mathbf{p}$  within  $\epsilon$  in  $d_k$ , we only need  $O\left(\frac{\log \frac{1}{\delta}}{\epsilon^2}\right)$  samples.